

SCRDA Program Outline & Fees

RIDING PROGRAMS - Weight Limit 75 to 80 kg - Subject to Coach Assessment.

From October 3 2024 the NDIA and NDIS acknowledge that NDIS participants may engage in programs that include animals to provide sporting, social, physical and wellbeing opportunities for people with disabilities, and capacity building support. This may include for example, participation in horse riding.

SCRDA Coaches are qualified CAD Coaches (Coaching Athletes with a Disability). The Coaches supervising our Riding Program are all certified at COACH or SENIOR COACH level.

Program Type	Days and Times	Fees
Supported Riding Supported Horse Interaction	Tues or Wed morning ~45 min fortnightly Session times are 9.30, 10.30, 11.45am	Term Enrolment \$50 per session
Supported Saddle Club 1. Junior 2. Intermediate 3. Advanced	Alternate Saturday Mornings 2.5hrs > 9 to 11:30am Alternate Saturday Mornings 2.5hrs > 9 to 11:30am Alternate Saturday Afternoon to SC Int > 12 to 2pm	Term Enrolment \$130 per session \$130 per session \$104 per session
Supported Carriage Driving	Friday mornings ~45 min fortnightly Sessions start from 9am	Term Enrolment \$50 per session -
Equine-Assisted Therapy (EAT)	Wednesday mornings ~45 min fortnightly Sessions start from 8:15am	Term Enrolment \$112.50 per session

Supported Riding: From age 5. Support is provided to engage in supported riding programs in a centre. Programs are specifically designed to enhance and develop a range of physical, emotional and social outcomes over a period of time and are suitable for those that require specially trained and experienced side-walker support and horse leading support, or for people who can ride independently with the addition of specially trained side-walking support.

Supported Horse Interaction: Support to engage in non-riding interaction with horses; Develop skills in grooming & horse leading & how to be safe around horses. Build physical strength and endurance while engaging with people in a supported environment.

Supported Saddle Club: Building physical strength, endurance, independence, communication and social skills.

Junior - From age 7. Support to engage in a riding Program suitable for those new to horses who may be able to ride independently after a few sessions. Includes supported maintenance jobs i.e. cleaning tack, stall & paddock maintenance & preparing feeds etc.

Intermediate - From age 10. Support to engage in a riding Program suitable for those that have some ability to fetch horses from a paddock. Support to prepare/groom and tack a horse to ride; working towards independence. Supported maintenance jobs i.e. cleaning tack, stall & paddock maintenance & preparing feeds etc.

Advanced - From age 13. Progression from Intermediate. Good horse skills required; engage independently, learn new skills and meet new friends. Supported under supervision of the CAD Coach.

Supported Carriage Driving: This is an opportunity to be supported to engage in a Carriage Driving activity. Learn a new skill, build strength and endurance. Meet new people and build confidence in a supported environment. Suitable for those who are unable to mount a horse, are in a wheelchair or are over the riding weight limit of 80kg. Our Carriages are wheelchair friendly. However, we are unable to accommodate some electric wheelchairs due to their size.

Equine-Assisted Therapy (EAT):

Sessions are with a registered Counsellor with the Australian Counselling Association (ACA). Qualified to provide Equine-Assisted Therapy / Counselling. Equine-Assisted Therapy (EAT) is a recognised therapeutic approach that combines counselling principles with experiential work alongside horses, to support personal growth, emotional well-being, and resilience.

HIPPOTHERAPY : By appointment with Physiotherapist - From 2 yrs. Suitable for children with high needs requiring support delivered by Physiotherapist with a plan specific to individual needs.